

COVID-19 HEALTH AND SAFETY RULES

In order to keep each other healthy and the gym open please strictly observe the following rules and regulations

- 1** If you have any Covid-19 symptoms, or have had contact with a Covid-19 positive person, please do not come to the gym. Please follow the self-isolation guidelines outlined by the BCCDC.
- 2** Please maintain a distance of 2 meters from one another at all times.
- 3** Gym is only open to climbers 14 years and older after 5:40pm. Members younger than 14 may climb with adult family members during that time.
- 4** Wash and sanitize hands, before, during and after your climbing session. Sanitizer is available throughout the gym.
- 5** We encourage you to use liquid chalk.
- 6** Masks are mandatory at all times to protect yourself and others.
- 7** No sharing chalk bags or other equipment.
- 8** No topping out on the central boulder. Please downclimb in order to prevent crowding on top.
- 9** No bare feet anywhere in the gym.
- 10** No drinking from the fountain. Please fill up your water bottle at home.
- 11** We encourage the use of non-touch payment. Please use debit/credit cards with tap function if possible.
- 12** We encourage everyone to get dressed for climbing at home in order to limit the use and crowding of the changerooms.
- 13** Please do not congregate in the parking lot before or after your climbing session. Climbers in the next session will need the parking spots. Please respect everyone's need and enthusiasm for timely access.
- 14** 1 person in Men's room, 2 people in Women's room at any one time.
- 15** Please follow the Fraser Health Authority guidelines posted around the gym.

Thank you for your help in keeping Project Climbing a safe and healthy environment for everyone!