



COVID-19 HEALTH AND SAFETY RULES

In order to keep each other healthy please strictly observe the following rules and regulations

- 1** If you have any Covid-19 symptoms, or have had contact with a Covid-19 positive person, please do not come to the gym. Please follow the self-isolation guidelines outlined by the BCCDC.
- 2** Youth under the age of 14 will be limited to climbing BEFORE 6:30pm. Exceptions for members apply. See website for details.
- 3** Wash and sanitize hands, before, during and after your climbing session. Sanitizer is available throughout the gym.
- 4** We encourage you to use liquid chalk.
- 5** We encourage the use of a mask to protect yourself and others.
- 6** No bare feet anywhere in the gym.
- 7** Do not crowd the downstairs cubby area. Use of upstairs cubbies preferred.
- 8** We encourage the use of non-touch payment. Please use debit/credit cards with tap function if possible.
- 9** We encourage everyone to get dressed for climbing at home in order to limit the use and crowding of the changerooms.
- 10** Please follow the Fraser Health Authority guidelines posted around the gym.

Thank you for your help in keeping Project Climbing a safe and healthy environment for everyone!