



COVID-19 HEALTH AND SAFETY RULES

In order to keep each other healthy and the gym open please strictly observe the following rules and regulations

- 1** If you have any Covid-19 symptoms, or have had contact with a Covid-19 positive person, please do not come to the gym. Please follow the self-isolation guidelines outlined by the BCCDC.
- 2** Masks are mandatory at all times to protect yourself and others.
- 3** Proof of first dose of the covid-19 vaccine required. Proof of second dose required by October 24.
- 4** Wash and sanitize hands, before, during and after your climbing session. Sanitizer is available throughout the gym.
- 5** We encourage you to use liquid chalk.
- 6** No bare feet anywhere in the gym.
- 7** No drinking from the fountain. Please fill up your water bottle at home.
- 8** We encourage the use of non-touch payment. Please use debit/credit cards with tap function if possible.
- 9** We encourage everyone to get dressed for climbing at home in order to limit the use and crowding of the changerooms.

Thank you for your help in keeping Project Climbing a safe and healthy environment for everyone!